

Stewed Rhubarb

NEED:

10-15 stalks rhubarb, cut in pieces

½ cup raw sugar

1 tsp vanilla bean paste

DO:

Place all ingredients into HMP and cook to **95°C/speed 1/pulse**.

Serve hot or cold with custard, cream or ice cream.

Alternatively, use in a crumble or pie.

To stew other fruits of choice, follow the same recipe, using more or less sugar to taste.